# Motivation and Persuasion in E-Learning

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# Motivation and Persuasion in E-Learning



- $\equiv$  E-Learing and Motivation
- $\equiv$  Forms of Motivation
- $\equiv$  Classical Motivation Models and Techniques
- $\equiv$  Persuasive Technology
  - $\equiv$  Definition
  - $\equiv$  Tools
- $\equiv$  Motivation Techniques in E-Learning Applications
- $\equiv$  Conclusion

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# Motivation and Persuasion in E-Learning



### ≡ E-Learning

- $\equiv$  Learning process where digitally delivered content is combined with learning support and services (Pires et al., 2002)
- Motivation
  - $\equiv$  No standard definition
  - $\equiv$  One explanation:

"A measure of physiological state directly related to the behavior of interest." (Mangel)

 $\equiv$  Motivation at least as important in E-Learning as in classical learning



## Forms of Motivation

 $\equiv$  Motivation of learners depends on three aspects:

- $\equiv$  Attribution Theory:
  - $\equiv$  Who/What do learners attribute their success/failure to?
    - → Internal cause: learners attribute their success/failure to themselves
    - -> External cause: learners attribute their success/failure to other factors
- $\equiv$  Expectancy-Value Theory
  - $\equiv$  What expectations about the results do learners have?
    - → High expectations -> motivation can be increased
- $\equiv$  Goal Theory
  - $\equiv$  What goals do learners set up?
    - → Learning goals: e.g. learning a new language
    - Performance goals: achieving a certain performance level, e.g. a certain grade

# **Classical Motivation Models / Techniques**

### ■ The Time Continuum Model (Wlodowski, 1985)

- $\equiv$  Concentration on different aspects during three periods of a learning process:
  - $\equiv$  The beginning: Attitudes and needs
  - $\equiv$  The middle: Stimulation and affect
  - $\equiv$  The end: Competence and reinforcement

### $\equiv$ The ARCS Model (Keller, 1987)

- $\equiv$  Four motivation categories
  - $\equiv$  Attention: E.g. varying the instruction format, using humor
  - $\equiv$  Relevance: Showing how present/future goals can be achieved
  - $\equiv$  Confidence: Letting the learner attribute his success to his effort
  - $\equiv$  Satisfaction: Giving positive reinforcement, feedback

# **Classical Motivation Models / Techniques**

 $\equiv$  Further Techniques to capture/maintain Attention (Taran, 2005)

### **≡** "Manding stimuli":

Phrases like "Watch out!", "Listen carefully now!"

 $\equiv$  Anticipation:

"Cannot wait to", "Finally"

 $\equiv$  Incongruity:

Using aspects that contradict the learner's intuition



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"Manding stimuli" (funschool.com)

# **Classical Motivation Models / Techniques**

 $\equiv$  Further Techniques to capture/maintain Attention (Taran, 2005) (cont.)

 $\equiv$  Inquiry:

Asking frequent questions

 $\equiv$  **Participation**:

Letting the user participation actively

 $\equiv$  Breaks and energizers:

Interrupting the lecture with a pause or a game

**Storytelling:** 

"Have you heard about the one..."



Memory game as energizer

(PONS)





# Persuasive Technology

### $\equiv$ Definition of Persuasion

 $\equiv$  "An attempt to change attitudes or behaviors or both" (Fogg, 2003)

### $\equiv$ Definition of Persuasive Technology

- $\equiv$  Using computers in terms of persuasion
- E Persuasive technology tool = "Interactive product designed to change attitudes or behaviers or both (...)" (Fogg, 2003)

### $\equiv$ Connection between Persuasive Technology and Motivation

 $\equiv$  Using persuasive technology tools to increase the learner's motivation



# **Persuasive Technology**

 $\equiv$  Types of Persuasive Technology Tools

### $\equiv$ Reduction:

Simplifying instructions, reducing their complexity

 $\equiv$  Tunneling:

Providing a guided sequence of action

 $\equiv$  Tailoring:

Providing only relevant information

 $\equiv$  Suggestion:

Making suggestions in opportune moments



# **Persuasive Technology**

### $\equiv$ Types of Persuasive Technology Tools (cont.)

### $\equiv$ Self-Monitoring:

Allowing the learner to monitor themselves

### $\equiv$ Surveillance:

Observing the learner

 $\equiv$  Conditioning:

Giving positive reinforcement



Conditioning: Positive reinforcement (funschool.com)



- Analysis of three different E-Learning applications:
  - **English learning software:**

"ENGLISCH – Die Sofort-Grammatik auf CD-ROM" (PONS)

**■** Nintendo DS game:

"Dr. Kawashima's Brain Training: How Old Is Your Brain?"

 $\equiv$  Online learning platform for children:

"funschool.com"









(PONS)



(amazon.com)



- English Learning Software "ENGLISCH – Die Sofort-Grammatik auf CD-ROM"
  - ∃ Grammar and vocabulary training are provided
  - Divided into several chapters with different focuses
  - $\equiv$  A Test at the end of each chapter
  - Feedback in form of a statistical view can be shown at every time





possibilities

(All pictures from PONS) LMU Munich Media Informatics Groß oder klein?

English learning software (cont.)

- $\equiv$  Elements from the ARCS Model
  - $\equiv$  Attention:

Possibility of participation

 $\equiv$  Relevance:

Present/future goals are set up (see the

Time Continuum Model)

 $\equiv$  Confidence and Satisfaction:

Possibility of repeating lectures and getting feedback (see the Time Continuum Model



Participation possibilities during a lecture



### User can repeat as often as he wants

#### (All pictures from PONS) LMU Munich Media Informatics

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Phrase that captures attention





### English learning software (cont.)

- ∃ Other techniques
  - $\equiv$  Anticipation:

Phrases like "Es geht los!" capture attention

- $\equiv$  Breaks and energizers:
  - Crossword Puzzles during a lecture



### $\equiv$ Storytelling:

Stories about the characters Kate and Paul are told

#### (All pictures from PONS) LMU Munich Media Informatics



- Persuasive Technology Tools
  - $\equiv$  Reduction:

Only concrete information

 $\equiv$  Tunneling:

Guided sequence of steps in each chapter



### $\equiv$ Self-monitoring:

User can access statistics whenever he wants

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#### Gut zu wissen! Das Wort für Sprache und Nationalität ist im Englischen oft gleich.

l'm English. Ich bin Engländer.

She speaks English. Sie spricht Englisch.

### Concrete information



# Learning progress can be accessed at any time

#### (All pictures from PONS) LMU Munich Media Informatics



- "Dr. Kawashima's Brain Training"
  - $\equiv$  Game for the portable console

Nintendo DS

- $\equiv \text{ After an initial test (mental arithmetic,} \\ \text{ etc) the user's "brain age" is calculated}$
- User has to reduce his "brain age" by solving little tests (as fast as possible) each day
- A calendar shows a statistic view of fulfilled tasks



(amazon.com)

### ≡ "Dr. Kawashima's Brain Training"



Feedback is given frequently



Positive reinforcement



Confidence: showing the user's progress



Different Interaction possibilities

#### (All pictures from amazon.com)

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### 🗮 "funschool.com"

- $\equiv$  Online learning platform for children of pre-school or elementary school
- $\equiv$  Children learn maths, history, creativity, etc. in a playfully way
- $\equiv$  A lot of learning games provide a great variety, e.g. a fun quiz about historic questions, a fishing game (learning to count)



(funschool.com)







A lot of positive reinforcement



**YOU GOT IT** 

**Relevance:** extra section "pre-school"



Print a Creepy Crawlies Puzzle! Try a fun word search or maze.

Anticipation: phrases like "Print a Creepy Crawlies Puzzle!"



On April 30, 1789, George Washington took his oath as the first president of the United States. He was re-elected in 1792 and stayed in office until 1797.



Reduction: only concrete, short information

#### (All pictures from funschool.com)

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## Comparison

- $\equiv$  Similar motivation techniques used in all applications
- $\equiv$  Most important methods:
  - $\equiv$  Reduction
  - ∃ Relevance
  - $\equiv$  Variation of presentation style
  - ∃ Asking questions
  - $\equiv$  Participation through interaction possibilities
  - ∃ Feedback
- $\equiv$  Differences between the applications (because of different target groups)
  - $\equiv$  More positive reinforcement on "funschool.com" than in the English software
  - $\equiv$  Less feedback on "funschool.com" than in the other two applications





### Conclusion

- $\equiv$  Classical Motivation Models are still relevant
- $\equiv$  Not all Persuasive Technology Tools are useful for E-Learning-Applications
- $\equiv$  The use of techniques depends on the target group
- Existing motivation techniques are a good base, but in order to increase motivation of learners, further methods especially adjusted to E-Learning settings have to be considered